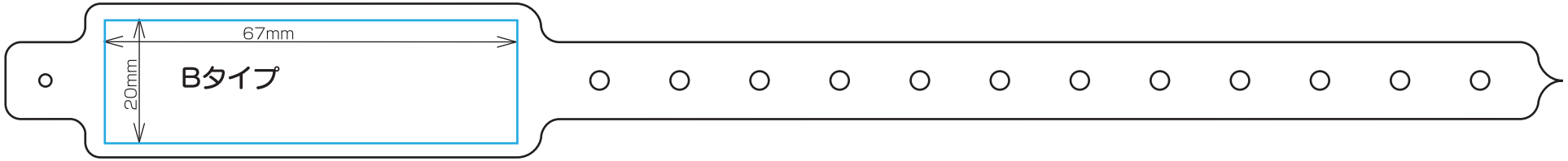

※水色の枠内におさめてください